



The International One Metre Class European Championship 2025

Sailing club "Val" Šibenik, Croatia Rogoznica - Croatia 04 – 11. April 2025.

IOMICA Standard Sailing Instructions

ORGANIZING AUTHORITY

The 2025 International One Metre Class European Continental Championship is organized by Sailing club "Val" Šibenik, Croatia, with the International One Metre Class Association IOMICA and the International Radio Sailing Association IRSA.

1. RULES

- 1.1. The event will be governed by the Racing Rules of Sailing. RRS Appendix E will apply.
- 1.2. The following documents will also govern the event:

The International One Metre Class Rules

International One Metre Class Championship Regulations (CCR)

IRSA Supplementary Class Rules (2020)

Equipment Rules of Sailing (ERS)

The current applicable Simple Heat Racing System (SHRS) with a maximum of

100 boats. See SI's Appendix 1

WS Call Book for Radio Sailing

APP - Accelerated Procedure for Protests. See SI's Appendix 2

An accelerated procedure for protests and requests for redress (APP) is set out in Appendix 2. This procedure incorporates the essential features of IRSA SYRPH.

- 1.3. RRS 90.3(e) shall apply.
- 1.4. The following changes to RRS will apply:
 - 1.4.1 In RRS 90.3(e), replace "24 hours" with "5 minutes".
 - 1.4.2 Chartered or loaned boats may carry the national letters denoting the national authority and/or the sail number of the person or organization providing the boat. This changes RRS G1.1(b), as modified by RRS E8.
 - 1.4.3 Add to RRS E5.2's last sentence: "...except when essential for prompt identification of a boat's sail number."
 - 1.4.4 Other changes to rules will be stated in the appropriate paragraph.
 - 1.5 If there is a conflict between languages the English text will take precedence.





2. NOTICES TO COMPETITORS

2.1 Notices to competitors shall be posted on the Online Official Notice Board https://www.racingrulesofsailing.org/events/11116; Copies of notices may be posted on a notice board situated near the Control Area. Failure to post copies of notices on this board will not be grounds for redress. This changes RRS 61.4(b)(1).

3. CHANGES TO SAILING INSTRUCTIONS

- **3.1** The International Jury, the Event Chair and the IOMICA event delegate shall approve changes to the Sailing Instructions, including any change to the Schedule.
- **3.2** Any change of the Sailing Instructions shall be posted on the Official Notice Board and shall take effect from the first heat of a new race. However, changes to the Control Area, Launching Area, Waiting Area and Practice Area shall take effect from the next heat. When a notice is posted the race committee shall make two sound signals followed by a hail announcing that a change has been posted. This does not change E1.3(d)
- **3.3** Any change to the scheduled first warning signal of the day shall be posted by 19:00 or earlier on the day before it shall take effect.
- **3.4** Changes to the schedule under SHRS 4.4 shall be posted no later than April 10^{th} by 19:00.

4. SCHEDULE OF RACES

4.1 Schedule. All dates are:

DATE	TIME	ACTIVITY	
04 - 05.04.2025	9:00 – 17:00	Registration, practice, equipment inspection.	
05.04.2025	18:00	Open Ceremony	
06 – 08.04.2025	10:00 – 18:00	No warning signals before 10:00 or at the O.A. discretion. The Race Committee may continue racing after 18:00 to complete the heat in progress.	
09.04.2025	13:00 – 18:00	No warning signals before 13:00 or at the O.A. discretion. The Race Committee may continue racing after 18:00 to complete the heat in progress.	
10.04.2025	10:00 – 18:00	No warning signals before 10:00 or at the O.A. discretion. The Race Committee may continue racing after 18:00 to complete the race in progress.	





11.04.2025 Final day	10:00 – 15:00	No warning signals before 10:00 or at the O.A. discretion. The first warning signal of a race	
		shall not be given after 17:00.	
	19:30	Closing Ceremony	

- **4.2** The scheduled time for the first warning signal is 10:00. The racing area shall be available for practice from 08:30 to 09:15.
- **4.3** Except on the **Final day**, the first warning signal of a heat or race shall not be given after 18:00.
- **4.4** On the last day 11.04.2025 **Final day**, the first warning signal of $\frac{1}{9}$ race shall not be given after 15:00.

5. COMPETITORS AS OBSERVERS

- **5.1** The race committee shall appoint observers, who may be competitors. All competitors shall serve as observers as required by the race committee.
- **5.2** A competitor unable to serve as an observer for a heat shall obtain prior approval from the race committee. Approval shall normally only be granted if a competitor's boat requires immediate repairs or on medical or safety grounds. Alternatively, the competitor shall nominate a substitute observer, who shall also be a competitor. The competitor shall ensure that the substitute is present in the Control Area as required by SI5.3 and that the race committee is notified of the substitute's name and sail number.
- **5.3** An observer appointed for a heat who is not present in the control area from the Warning Signal until released by the race committee, or who fails to act diligently as an observer, may be protested by the race committee under rule 60.1.

6. RACING AREA

- **6.1** The sailing area shall be located at Rogoznica bay
- **6.2** Boats may be launched and sailed at any time in the practice area. Boats practicing shall remain within the practice area. The limits to the practice area shall be posted on the official notice board.
- **6.3** A boat not racing in the heat being sailed shall not sail within 35 meters (110 feet) of either a boat racing or any mark of the racing course.
- **6.4** Changes to the practice area shall be posted on the Official Notice Board according to SI 3.2.
- **6.5** A boat infringing SI 6.2 or 6.3 may be penalized by the Race Committee without a hearing. The penalty shall be a One-Turn penalty to be taken according to rule E7(b). This changes rules 63.2 and A5.

7. CONTROL AREA AND LAUNCHING

- **7.1** The limits to the Control Area shall be posted on the Official Notice Board. Competitors shall not leave this area when controlling boats that are racing, except briefly to handle and then release or relaunch the boat.
- **7.2** The Launch Area and Waiting Area will be defined by a notice posted on the Official





Notice Board.

- **7.3** Boats scheduled to sail in a heat shall not enter the Waiting Area until authorized by the Race Committee. Boats shall not enter the Launch Area from the Waiting Area until authorized by the Race Committee.
- **7.4** A boat infringing SI 7.3 may be penalized by the Race Committee without a hearing. The penalty shall be a One-Turn penalty to be taken according to rule E7(b). This changes rules 63.1, 63.2 and A5.
- **7.5** Launching and re-launching
 - (a) A boat scheduled to race in a heat may be launched, held in the launching area, taken ashore or re-launched at any time during the heat. However, she shall not be released for the first time during a heat after the first boat in that heat has finished.
 - (b) Boats shall be launched or recovered only from within the launching area.
 - **(c)** While ashore or within the launching area, boats may be adjusted, drained of water or, repaired; have their sails/rigs changed; have entangled objects removed; or have, equipment repaired or changed.
- **7.6** Changes to the Control Area, Launching Area and the Waiting Area shall be notified as required by SI 3.2.

8. COURSES

8.1 The course, including a description of the marks, starting and finishing line, the order in which marks are to be rounded, and the side on which each mark is to be left, shall be displayed on the course board as provided in RRS E3.3 before the warning signal of each heat.

9. HEAT COMPOSITION

- **9.1** The heat composition shall be posted on the Heat Board near the control area and posted on Official Online notice board.
- 9.2 Heat selection for Race 1 shall be carried out as follows:
 - Boats shall be sorted according to their national letters, and within national letters
 according to their sail numbers. The seeding of the boats in appropriate heat will be
 done by awarding the heats to sorted list as follows: A, B, C, D, E, E, D, C, B, A and so
 on.

10. THE START

- **10.1** The Race Committee shall hail the heat and race number of the next heat. It is the competitor's responsibility to hear this call and for the boat to compete in her assigned heat. Failure to hear and comply with the Race Committee's hail shall not be grounds for redress. This changes RRS 6.
- **10.2** Following a general recall the warning signal shall be made as soon as possible.





11. TIME LIMITS

- **11.1** No boat shall start after the first boat in the heat has finished.
- **11.2** Boats starting more than one minute after the starting signal shall hail and receive acknowledgement from the Race Officer that they have started.
- **11.3** The time limit for the first boat to finish after having sailed the course in accordance with rule 28 shall be 30 minutes.

12. TIME OUT LIMIT

- **12.1** Except as in SI 12.3, the Time Out Limit for racing after the first boat finishes shall be 5 minutes.
- **12.2** Boats still racing at the end of the Time Out Limit will be scored in the heat by the race committee without a hearing. The boat's heat score will be determined by the boat's place in the race at the time the Time Out Limit ends.
- **12.3** There shall be no Time Out Limit in Race 1.

13. PROTESTS AND REQUESTS FOR REDRESS

- **13.1** Protests and requests for redress need not be in writing. This changes rule 60.3. The protest committee may take evidence in any way it considers appropriate and may communicate its decision orally. The Accelerated Protest Procedure (APP) shall apply.
- **13.2** At the first reasonable opportunity after finishing or retiring a competitor shall inform an umpire of his intention to protest or request redress (see APP 2)

A protest or request redress about an incident during a heat shall be delivered to the Jury no more than 5 minutes after the last boat in that heat finishes.

This changes RRS E6.4 and E6.5.

- **13.3** Parties to a protest shall be informed orally by hailing that a protest hearing is opening. It is the responsibility of the parties to come to the hearing without delay accompanied by any witness. No other notice of the hearing shall be given. These changes RRS 63.1.
- **13.4** Hearings may proceed under rule N1.4(b). The time limit for requesting a hearing by a full International Jury is 5 minutes after the parties have been informed of the panel's decision. However, after the warning signal of any heat to which a party to the hearing may be scheduled, any decision or redress shall not change the race schedule for that race. These changes rules 63.2.
- **13.6** For the purposes of rule 63.6(e) the 'authority responsible' is the IOMICA Technical Sub-Committee or its official delegate at the event.
- **13.7** Any penalty for other than Part 2 rules may be DPs at the discretion of the International Jury.
- **13.8** Decisions of the International Jury shall be final as provided in rule 70.3 (b).





14. SCORING SYSTEM

The Championship shall be raced and scored under SHRS. Five races are required to be completed to constitute a championship.

- 1. The Qualifying Series will consist of 16 races. If 16 races are not completed by the end of 9th April, the Qualifying Series will consist of all races completed until the end of the 9th April. Any race that has started but is not completed on the 4th racing day will be abandoned and not counted for any results.
- 2. If 16 races are completed before the end of the 9th April, the Race committee will proceed with Final series.
- 3. The Final Series will consist of all races completed after the Qualifying series.
- **14.1** The Final Series fleet allocation (Gold, Silver, Bronze etc) will be defined at the start of the Final Series event by the Organising Authority.

15. REPLACEMENT OF EQUIPMENT

15.1 Substitution of damaged or lost equipment shall not be allowed unless authorized by the technical committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

16. EQUIPMENT AND MEASUREMENT CHECKS

16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

17. TRANSMITTERS

17.1 Unless the Race Committee prohibits their use, competitors who are not racing may use their transmitters at any time for the purpose of tuning or practicing sailing.

18. PRIZES

Prizes shall be awarded to the first 10 positions in the final results. Other prizes will be awarded at the discretion of the event organizers

- The best U25, best Master (55 65 years), best Grand Master (66 70 years), the best Great Grand Master (71 75 years) and the best Legend (76 + years). A competitor's age is his age on the day of registration.
- The best in Silver, Bronze, Copper and Iron fleet





19.RISK STATEMENT

19.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a heat or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in any of the events covered by this notice of race, each competitor agrees and acknowledges that:

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- b. They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

20. CONDUCT

20.1 Major regattas offer significant public exposure to our sport. Inappropriate competitor behavior can reflect negatively that exposure. All participants are advised that their actions shall be under scrutiny, not only by the public, but also by the race officials. Kindly behave with dignity and respect.

Any behavior that breeches good manners or sportsmanship or that brings our sport into disrepute shall result in a hearing under RRS 69 (Allegations of gross misconduct).

 Penalties may include an umpire-given penalty under Test Rule for umpired radio sailing, penalty taken immediately to avoid a protest hearing), disqualifying a boat from the race in question or subsequent races, exclusion from the regatta, or other action within the International Jury's jurisdiction.





Appendix 1

Simple Heat Racing System

These rules will apply when Sailing Instructions state that racing will be run using the Simple Heat Racing System.

GENERAL

1.1 When each race will consist of two or more heats the series will consist of a Qualifying Series and a Final Series otherwise the event will be sailed as a single fleet as if it were a Qualifying Series. Except that sections 2 to 4 will not apply.

1.2 Qualifying Series

Except for Race 1 during the Qualifying Series boats shall be assigned to heats based on their finishing position in the previous race. Heats in the Qualifying Series will be nominated as A, B, C, D, E ...

1.3 Final Series

Boats will be assigned to heats on the basis of their ranks the Qualifying Series.

- 1.4 The number of races in the Qualifying Series, or the method of determining when the Qualifying Series will end and the Final Series will start, shall be stated in the Notice of Race and in the Sailing Instructions.
- 1.5 If no races are completed in the Final Series boats will be ranked according to their series score in the Qualifying Series.

NUMBER AND SIZE OF HEATS

- 2.1 The number of heats shall be as few as possible.
- 2.2 For Race 1 of the Qualifying Series boats will be assigned, as far as possible to fleets of equal size and ability. The first extra boat will be assigned to Heat 1, the second to Heat 2 and so on. For subsequent races boats will be assigned in accordance with SHRS 3.2.

QUALIFYING SERIES

3.1 The Notice of Race will state how boats will be seeded for Race 1. If no ranking or seeding list is available boats will be ranked first by alphabetical order of their national later then by numerical order of their sail number. Boats will be assigned to heats starting from the top ranked boat in the order A, B, C, D, E, E, D, C, B, A ...

3.2 Qualifying Series after Race 1

After Race 1 boats will be assigned to heats based on their finishing position in the previous race and heat as recorded according to SHRS 5.3.

FINAL SERIES

4.1 Except when withdrawn boats would allow remaining boats to be sailed in a single fleet there will be the same number of fleets in the Final Series as heats in the Qualifying Series. Boats shall remain in the same Fleet throughout the Final Series.





Fleets will be designated as Fleets Gold, Silver, Bronze and Copper, unless otherwise indicated in the sailing instructions. The Fleets shall, as far as possible, have an equal number of boats. Silver Fleet shall be no larger than Gold Fleet the Bronze Fleet no larger than Silver Fleet and Copper Fleet no larger than Bronze Fleet.

Boats will be assigned to fleets on the basis of their ranking in the Qualifying Series, with the best ranked boats being assigned to Gold Fleet, except that boats withdrawn from the event at the time of division will be placed in the lowest heat.

- 4.2 If the Qualifying Series consists of more than five but less than eight completed races, then a boat's second worst race score shall be temporarily excluded but only for the purpose of establishing a ranking for assigning boats to fleet in the Final Series.
- 4.3 In the Final Series a race for each fleet shall consist of one heat. The Race Committee may change the heat schedule in the Final Series by following SI's 3.1
- 4.4 In the Final Series fleets may not all sail the same number of races.

SCORING

- 5.1 RRS Appendix A Low Point Scoring System shall apply for the Qualifying and Final Series except as changed by 5.2 to 5.6 below.
- 5.2 In RRS A5.2 replace "the number of boats entered in the series" with "the number of boats in the largest heat".
- 5.3 Boats shall be recorded in the order of their finishing place in the heat and then, for each heat, in the order DNF, RET, NSC, OCS, DNS, DNC, WTH (DNC withdrawn from series), UFD, BFD, DSQ or DNE. Ties will be recorded in alphanumerical order of national letter and sail number.
- 5.4 A boat's series score in the Qualifying and Final Series will be the total of her race score's in that series, except that:
 - After 4 races have been completed in that series a boat's score will be the total of her races scores in that series excluding her worst score in that series.
 - After 8 races have been completed in that series, a boat's score in that series will be the total of her race scores in that series excluding her two worst scores in that series.
 - In each series 1 additional race score will be excluded for every 8 additional races completed.

A boat's overall series score will be the total of her series score in the Qualifying and Final Series. The boat with the lowest overall series score in Gold Fleet wins. Other boats will be ranked accordingly with boats in Gold Fleet ranked before boats in Silver Fleet, boats in Silver Fleet before boats in Bronze Fleet and so on.

5.5 Redress

If the protest committee decides to give redress based on average points, averages shall be calculated separately for each of the Qualifying and Final Series.

- 5.6 Event ties shall be broken as follows:
 - i) Single heat events RRS A8.1 and A8.2
 - ii) Multiple heat events.
 - (a) RRS A8.1 and A8.2 except that:





- 1) Only scores for races in which the tied boats competed in the same heat shall be used to break ties.
- 2) For the purposes of breaking ties excluded scores shall be used. This changes RRS 8.1
- (b) If the tied competitors did not sail against each other in any heat RRS 8.1 and 8.2 shall be used without modification.

Heat Movement Tables (Qualifying Races Only)

Composition of the second and following races in the Qualifying Series shall be based on previous race results as shown in table below, where the letter refers to the previous heat, and the number the boat's place in previous heat.

2 heats				
Heat A	Heat B			
A1	<i>B1</i>			
B2	A2			
A3	В3			
B4	A4			
A5	B5			
<i>B6</i>	A6			
A7	<i>B</i> 7			
B 8	A8			
A9	B9			
B10	A10			
A11	B11			
B12	A12			
A13	B13			
B14	A14			
A15	B15			

3 heats					
Heat A	Heat B	Heat C			
A1	<i>B1</i>	C1			
B2	<i>C</i> 2	A2			
<i>C3</i>	A3	В3			
A4	<i>B4</i>	C4			
<i>B5</i>	C5	A5			
<i>C6</i>	A6	<i>B6</i>			
A7	<i>B7</i>	<i>C7</i>			
B8	C8	A8			
<i>C</i> 9	A9	B9			
A10	B10	C10			
B11	C11	A11			
C12	A12	B12			
A13	B13	C13			
B14	C14	A14			
C15	A15	B15			

4 heats					
Heat A	Heat B	Heat C	Heat D		
A1	<i>B1</i>	C1	D1		
B2	C2	D2	A2		
<i>C3</i>	<i>D3</i>	A3	В3		
D4	A4	<i>B4</i>	C4		
A5	B5	C5	D5		
<i>B6</i>	<i>C6</i>	D6	A6		
<i>C7</i>	<i>D7</i>	A7	<i>B7</i>		
D8	A8	B 8	<i>C</i> 8		
A9	B 9	<i>C</i> 9	D9		
B10	C10	D10	A10		
C11	D11	A11	B11		
D12	A12	B12	C12		
A13	B13	C13	D13		
B14	C14	D14	A14		
C15	D15	A15	B15		

Same principle should be used for more heats or more boats in a heat.





Appendix 2

Accelerated procedure for hearings

Version: 2024 Event Title Date: 2nd December 2024

This procedure applies only when racing is umpired and the notice of race or sailing instructions so state.

The document sets out provides a rapid standard procedure for the pre-hearing formalities that both integrates the essential features of IRSA System for reducing the number of Protest Hearings (SYRPH) and ensures full traceability from the delivery of the hearing request to any action required by the scorer.

When this procedure applies IRSA SYRPH shall not apply.

Sample SI: 13.1 Protests and requests for redress need not be in writing. The protest committee may take evidence in any way it considers appropriate and may communicate its decision orally.

This document sets out how the International Jury shall process protests and requests for redress. This procedure changes: RRS E5.1(c) and E6.4 by changing 'Race Committee' to 'Umpire; RRS 60.3(a) in that hearing requests need not be in writing.

Procedure

- After each heat, an umpire shall record hearing requests. This person shall be known as the Protest Recorder. The Hearing Recorder will inform the Race Committee of any hearing requests.
- 2. At the first reasonable opportunity after finishing or retiring a competitor shall inform an umpire of his intention to protest or request redress. The competitor shall notify the umpire of his sail number, the boat being protested, the nature of the incident and, if possible, any witnesses. This notification need not be in writing. The competitor is not required to inform the Race Committee.
- 3. The umpire shall hail the sail number of the boat(s) being protested and inform them of the protest. All parties shall report promptly to the Hearing Recorder.
- 4. The Hearing Recorder shall be informed at the first reasonable opportunity by:
 - Umpires: of protests and requests for redress notified by competitors;
 - Observers: of reports of unresolved incidents. Observers are not required to make a report to the Race Committee;
 - Umpires or race committee: of their intention to protest
- 5. The Hearing Recorder shall record in writing:
 - The initiator and the respondent;
 - Any observer or umpire who witnessed the incident
 - A brief description of the incident, including where and when it occurred and if it is alleged that a boat was damaged
 - The identity of any witnesses





This changes RRS 60.3 Delivering a Protest and RRS 61.2 Request for Redress.

- 6. The Hearing Recorder shall:
 - Inform the Race Committee of all protests received
 - Inform the parties by hailing that a hearing is to be held
 - When the parties are present inform them of the nature of the incident
 - Invite any umpire or observer to give a brief report of the incident
- 7. Each party shall then indicate, simultaneously, that they wish to retire or proceed to a hearing. The initiator may ask to withdraw the hearing request
- 8. If the protest is not withdrawn, the hearing may be held immediately.
- 9. After having informed the parties of their decision, the protest committee shall also notify the Hearing Recorder.
- 10. The Hearing Recorder shall communicate, as soon as possible, any necessary scoring information to the Scorer and inform all other competitors of the outcome of the hearing by posting a notice on the Official Notice Board.